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# Teach Yourself Better Handwriting



## Synopsis

This practical and informative book will help readers improve their handwriting and develop their own mature and individual style. Teach Yourself Better Handwriting includes self-diagnosis tests to identify problems, "before-and-after" examples illustrating common faults, and a detailed section on holding the pen. It also offers advice to those with special circumstances that may affect their handwriting, such as being left-handed or having a medical condition.

## Book Information

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## Customer Reviews

Rosemary Sassoon is a letterform consultant specializing in the educational and medical aspects of handwriting. Gunnlaugur SE Briem is an Icelandic designer.

As a teacher, I'm in one of the few professions where I handwrite for others to read daily. Like many poor handwriters, I used only printing instead of cursive. This book helped me relearn a cursive that was simple and fast. It's made a huge difference! The most liberating idea in this book was that not every letter has to join up. The other big insight the author had was that it's better to practice actual words and common letter sequences, rather than writing the alphabet over and over. I expected to hate and feel humiliated by working on my handwriting, but this book made it fun.

I am slowly working my way through these exercises, and it has radically changed my handwriting

I'm ready to finish reading this book and apply the techniques in life. My handwriting is terrible. I have high hopes for this book!

I had some time off work and really wanted to develop my penmanship. I've always had terrible handwriting and with Christmas cards going out soon, I wanted to add a nice personal touch. Unfortunately, this book didn't deliver. The author gives you plenty of case studies with before and after handwriting samples, but only briefly mentions how she worked with the person to achieve the results. There is very little in the way of exercises for you to do yourself. If there were more exercises I would be unhappy with the size of the book, as a pocket sized guide is hard to work out of, but there was precious little to work on.

This book explains how to correct handwriting difficulties. There are many examples which makes understanding much easier. It's not entertaining and needs some commitment but I'm seeing improvement.

As others have noted, this book is a good reference for those wishing to improve their penmanship. I also suggest giving a good fountain pen a try to aid your efforts.

I have purchased books from four different authors to improve my handwriting as well as my children's handwriting. This is one of the best. Aimed at the adult, it leaves no stone unturned in diagnosing and treating bad handwriting (I'm physician, so I could not resist that analogy). It covers selecting the right writing instrument, the impact of different hand and wrist positions and implements to help holding the pen or pencil. It covers issues for lefties. It even covers briefly problems for people with tremors; it is that thorough. There are numerous exercises to improve your strokes. It covers the strokes to clearly create each letter in great detail. Joining of letters has its own problems and this is well covered. Capital letters get a chapter. Finally for the ambitious (not me for sure), a more formal scripted hand is briefly introduced. I highly recommend this book for other handwriting impaired adults. I have been able to greatly improve my handwriting, which I use daily in hospital charts. I do wish to state that the book is written at the high school or adult level. I should not be purchased and handed to a preteen. As a parent, I read it and had the children do exercises. I also recommend an iPhone app called Better Letters and a book called Write Now by Getty & Dubai. I highly recommend this book. These two books and the iPhone app have really helped me

and kids.P.S. It has even made writing by hand kinda fun.

First of all, this is not a calligraphy book. It is a great resource for anyone who wants to improve their handwriting to make it readable and appealing. What you won't find here are exercises of the sort from those old Palmer Handwriting manuals. This is a much more practical approach. For anyone who has to do a lot of note-taking, or who just wants to pen a handwritten note or letter, this book provides plenty of exercises to help to make your handwriting legible. There's a sample alphabet to learn the sequence of strokes and to adapt to your own hand. What I also found most useful was an exercise specifically to help join letters together. That alone was worth the price of the book. All in all, putting these exercises to use over a period of time will help make your handwriting attractive and help to perpetuate a lost art/skill.

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